Experience Counts

Premise Health is the nation’s premier provider of workplace-based healthcare services. Premise Health is a leading operator of onsite health, wellness and fitness centers, as well as onsite pharmacies, and health promotion and disease management programs. Premise Health has more than 40 years of experience operating health centers for large employers across the country.

To learn more, visit www.premisehealth.com

Notre Dame continues to invest in programs for graduate students. As part of that ongoing commitment to families of graduate and professional students, the University is pleased to provide a state-of-the-art onsite wellness center, offering best in class healthcare and pharmacy services.

Eligibility/Insurance

Eligible spouses and children of graduate and professional students may receive services at the Notre Dame Wellness Center. Medical insurance information will be collected at time of service. Most commercial insurances are accepted and the appropriate co-payment is due upon service. The claim for the visit will be processed per the current medical plan. The Wellness Center cannot file medical claims for Medicaid recipients, therefore visits will be on a fee-for-service basis.

Graduate and professional students will be required to verify their spouses and dependent children at their school of record: the Graduate School, College of Business, Law School, or Architecture prior to seeking service. Marriage certificates for spouses and birth certificates for children will be required.

Convenient Access to Quality Healthcare and Pharmacy Services at Work!

Notre Dame Wellness Center

100 Wellness Center (corner of Wilson and Buca)
Notre Dame, IN 46556
574-634-WELL (9355)
www.WellnessCenter.nd.edu

Committed to the Good Health and Wellness of the Notre Dame Community

Operated by Premise Health
Physical Therapy
A comprehensive array of physical therapy services that help to reduce pain, improve body motion and function, and promote overall health are available at the Wellness Center. Licensed physical therapists will provide one-on-one, onsite personalized treatments through techniques including postural training, back stabilization, exercise program development, stretching and strengthening, joint and soft tissue mobilization, iontophoresis, traction and electrical stimulation.

Specialty Infusion Services
The Wellness Center will provide intravenous hydration and medications, as well as therapy management, to meet the specialized need of patients with chronic diseases requiring long-term infusion therapies.

Committed to Privacy and Confidentiality
The privacy of your healthcare information is of the utmost importance to the Notre Dame Wellness Center. Premier Health, who manages the Wellness Center, will maintain patient medical records in accordance with their stringent and well-documented security standards, as well as in compliance with all applicable state and federal laws. This assures privacy of all interactions and healthcare services at the Wellness Center. No one at Notre Dame will have access to your personal health information.

Convenience and Accessibility
The Notre Dame Wellness Center provides convenient hours, making it easy to obtain appointments and services and to drop-off and pick-up prescriptions.

Quality Staff, Quality Relationships, Quality Delivery
The Notre Dame Wellness Center includes a full-time physician, nurse practitioner, physical therapist, registered nurses, full-time pharmacist, and medical support personnel. These professionals have been carefully screened and selected by Premier Health and Walgreens, bringing a team of qualified, caring professionals, a strong preventive care philosophy, proven expertise, experience, and clinical excellence to the Notre Dame community.

Scheduling Appointments
Call the Wellness Center at 574-631-WELL (9355) (Once eligibility is established)
You can also utilize the Wellness Center’s online scheduling tool at wellnesscenter.nd.edu. Appointments are recommended, however walk-ins are welcomed and same-day appointments may be available.

Wellness Center Hours of Operation
Mon. – Fri. 7 a.m. – 7 p.m.
Sat. 8 a.m. – 12 noon

Pharmacy Hours of Operation
Mon. – Fri. 7:30 a.m. – 7:30 p.m.
Sat. 8:30 a.m. – 12:30 p.m.

Special Home Football Weekend Hours:
Wellness Center: Sat. Closed; Sun. Open 1 p.m. – 5 p.m.
Pharmacy: Sat. Closed; Sun. Open 1:30 p.m. – 5:30 p.m.

Primary Care Focus
The Notre Dame Wellness Center is “bringing the family doctor in-house,” providing you with convenient access to trusted clinicians right at work. This primary care wellness center will offer a full-range of high-quality, affordable healthcare services and technologies, including regular checkups, treatment of acute conditions, such as sore throats, infections, wound care, strains and sprains, as well as management of more complex conditions, such as diabetes, high blood pressure, asthma and arthritis.

Pediatrics
The Wellness Center offers pediatric care, focused on children ages infant to 18. Healthcare services include physical exams for sports, camps and school, treatment for acute conditions, and management of more complex conditions such as asthma and diabetes.

Proactive Chronic Condition Management
The Wellness Center provides Chronic Condition Management Programs to help manage chronic health conditions (an illness lasting three months or more) such as asthma, arthritis, diabetes, and heart disease.

Full-Service Wellness Center
The Notre Dame Wellness Center provides private, confidential care, including:
- Routine Primary Care
- Urgent “Walk-in” Care
- Pediatric Care
- Physical Exams
- Lab Services
- Vaccinations
- Allergy Management
- Physical Therapy
- Wellness Coaching
- Chronic Condition Management
- Specialty Pharmacy Infusion Program
- Referrals to Specialists when necessary

How Healthcare at Work... Works for You!